## **EARTHQUAKE KITS**

## This information is very important. Please read it thoroughly.

California requires all schools to have a Disaster Preparedness plan in place to implement in case of an earthquake or other serious disaster. Statistics indicate that we should be prepared to care for your child for 72 hours, as it may take that long for them to be released to a designated adult.

Listed below are four steps you are required to complete:

- 1. Prepare a kit containing 9 "meal" items as well as the required additional items outlined below. Be sure to check expiration dates to ensure freshness for the entire school year.
- 2. Pack all food in a <u>one-gallon zip-lock bag</u> labeled with your child's first and last name.
- 3. Provide a 72-hour supply of any necessary medication to the school office. Please be sure that medication includes your child's name and pharmacy label with instructions for administration.
- 4. Please provide this Earthquake Emergency Kit before or by the first day of school. Otherwise, your child cannot attend class.

**PLEASE NOTE:** The items below are examples. You may adjust the following list to your child(ren)'s tastes. Please pack 9 items listed as "Suggested Meals" as well as all "Required Additional Items". Everything must fit into a ONE-GALLON zip-lock plastic bag. The school provides the following necessities for students: Water, emergency blankets and sanitation supplies.

**SUGGESTED MEALS:** (individual pop-top cans)

Beans

Ravioli, Lasagna or other pasta dish

Chili

Tuna or chicken

Potted meat product

Fruit can

3 granola bars (counts as one meal)

## **REQUIRED ADDITIONAL ITEMS:**

fruit snack products
20 Pre-wrapped hard candies (in small zip-lock)
Plastic spoon and fork

## PLEASE MAKE SURE ALL FOOD ITEMS PACKED MEET THE FOLLOWING CRITERIA:

- Each item is individually packaged by the manufacturer
- Containers should NOT be easily punctured (avoid thin plastic or foil lids)
- Items that do NOT need water added
- Items that are NOT in glass containers
- Items that are NOT salty (avoid chips, pretzels, crackers, etc.)
- Only pack items your child will eat

KITS WILL BE SENT HOME WITH STUDENTS AT THE END OF THE SCHOOL YEAR.

A NEW KIT WITH FRESH FOOD IS NEEDED EACH SCHOOL YEAR.